



**DR. EVELYN PAGLINI'S
MYSTICAL BLEND
PRESENTS**

**THE REALM OF
AURAS**

AURAS

Every human being has an aura. So does every plant, every living thing, and objects that have been made from living tissue. I also believe that everyone can see auras with but a little bit of assistance.

#1. To find out if you have the ability to “read” auras, try this little experiment: make the room where you sleep as dark as possible. Have an ordinary magnet at hand. When in bed, relax as much as possible. If you are familiar with meditation, meditate for a short time. Calm, peaceful vibrations are necessary. If the room is not completely dark, take the magnet and slip it under the bed covers, hold the magnet somewhat away from you and gaze in its direction. After some time, you should be able to see a very faint light emulating from both poles of the magnet. According to your ability to distinguish auras, the light from the magnet will be either a very faint glow or an intense well-defined emanation, or possible somewhere in between the two extremes. Even if you see nothing, you should repeat this procedure on successive nights. I feel everyone can see auras with practice.

After you have success in this elementary test, you should then go on to developing the ability with another person, or a plant, or any living thing. In the beginning you should make sure that you are harmonious with whatever living thing you have chosen for the test. Do not, for instance, choose someone from whom you do not particularly get along with or who is extremely negative in any way.

#2. Evening is the best time for this particular experiment. A dark, unshiny material would be hung up on the wall. The subject sits fifteen to eighteen inches away from the dark material directly in front of it. For exactly thirty seconds you should then stare at an uncovered one-

hundred-watt bulb, about three feet away from it. Immediately following this you must sit, clear your mind completely, and become passive as you can. Begin to focus your attention on the idea of an AURA, of seeing it. Then gaze at your subject. You should see some form of light emanating from the subject's body. If you don't see anything the first time, do not give up. Keep as it is. It takes much practice to achieve psychic abilities.

#3. You may or may not be able to distinguish colors at first, but probably will get mental impressions of the color. We often unconsciously think of people in various different shades of colors. List all of your friends, business associates, and family members on a piece of paper. Concentrate on each of them. Try to think of the color that best fits every name you have put down. Jot the color next to the name, you will find this quite easy to do. One particular friend brings red to mind, another had always reminded you of blue, and so forth. These colors that you attach to people will often be dominant in their auras, colors that you have unconsciously picked up without trying.

Another experiment that can be utilized to see the vibrations of an aura can be done alone or with others. To begin this experiment, you should cover a table with a black cloth, the material having a dull finish. The subject then places the fingertips apart very slowly. Vibrations of the aura that emanates from the fingers and unite both hands will be seen.

SOME PSYCHIC INTERPRETATIONS OF THE MEANING OF COLOR IN AN AURA:

RED- is known as the first color. It is the most dominant hue in the color spectrum. Too much red in an aura denotes a materialistic person. Dark red, as in Judy Garland's case, means that a person is going through tremendous emotional upheaval. The cloudy red in an aura indicates a somewhat selfish, materialistic person. A magnetic personality, such as Judy Garland, will

usually have red in the aura as the dominant color. In every red-colored aura there is a tendency toward sensual experience rather than the spiritual or mental. If black is seen with red in an aura, it indicates an extremely sensual experience person who is not in control of emotions or animal passion.

YELLOW- is an aura, especially attributed to deep-thinking people. If the aura is mostly yellow, it will show the presence of the intelligence. Yellow represents light. Successful and happy businesses usually have a yellow aura. Only one shade of yellow is negative, and that is the muddy, darker tone. When this is sensed in the vibration of an aura, it tells of a jealous personality who possesses a suspicious nature.

ORANGE- is an aura that indicates energy and strength. Orange is the color of the sun and is therefore vital, forceful. People with an orange in their aura are usually quite overpowering and dominate others around them. Many executive types have orange in their auras. There is a tendency toward kidney disorder in people with orange in their auras.

GREEN- is the color of growth, and when found in an aura, it means that the person is reaching out, having learning experiences. It is the color of supply or regeneration. The more emerald color denotes healing abilities. It is no accident that many hospitals now utilize green or blue-green doctors' and nurses' gowns, or that the walls of many hospital rooms are painted in this color, for it has been proven to have a healing effect on the patients.

BLUE- shades of blue are an aura that indicates spirituality. In the Orient, blue-colored objects are placed inside the tombs of the dead to protect their relationships. The darker-blue in an aura, the more progressed the person is in spiritual and mental understanding. Those who possess blue auras can be completely trusted, as they are loyal in their relationships.

VIOLET- the most highly developed people in the realms of spiritual teachings have violet auras. The color has the dominant spirituality of the blue mixed with the strength of the red. It is of little surprise to find that royalty always utilizes violet in their decorations and dress. They would like their subjects to believe that they are highly evolved, elevated above the rest of the people.

GRAY: When in its darker aspect is the color of death. This sometimes means a spiritual death or even a mental one, wherein the persons expressing this color in their aura are not learning, not taking from their experiences.

BLACK- When black is indicated, it means a person who is delving, either willingly or unwillingly, into darker Aspects of the occult. Many drug addicts have black auras, as do alcoholics. It is the color of negation. It is interesting to note that in Orient, black is never used in mystical or religious ways. It is not seen in the robes of priests or worn even by those who mourn the dead.

WITH THIS BASIC UNDERSTANDING OF THE COLORS OF VIBRATIONS IN AURA'S, WHICH SCIENCE IS NOW PROVING HAS VALIDITY, THE DEVELOPMENT OF BEING ABLE TO SENSE OR SEE THE COLORS EMANATING FROM OTHERS IS OF GREAT VALUE.

THE HUMAN AURA

Our bodies emanate radiation. It is a pulsating pattern that surrounds the physical entity like a glowing capsule. This is known as the aura. Generally invisible to normal sight, these radiations can be seen by certain “sensitive” and have indeed been photographed. The aura serves as a mirror of physical health, and therefore, all auras, like all people, differ. This differential is in the colors, not shape, and researchers believe that verifying auric colors reflect specific characteristics of the people they surround.

I. INTRODUCTION

The moon, when eclipsed by a moving cloud seems to emanate aura in the night sky. How often have we stood admiring such beauty until the cloud sweeps by and the moon looks out from its dark background, smooth, round and lusterless-its surrounding aura vanished?

Imagine, if you can, just such an aura surrounding the heads and shoulders of everyone you see. It is highly possible that even the untrained eye has at one time or another caught a fleeting glimpse of the human aura.

An emanation of light surrounds every living thing-plants, animals, as well as humans, whether this light is seen or not. All life itself gives off radiations of energy. These radiations are the aura.

The human aura reveals itself as a pulsating light around the body and seems to be particularly strong at the head and shoulder area where it tends to make a person’s feature appear

more alive. This sensation may lead to the often repeated phrase that a person radiates happiness, joy or some other outgoing emotion.

However, it is not always possible for us to be consciously aware of this surrounding light. That is to say, we do not always see it. Actually, it is more correct to say that this phenomenon is sensed more than it is seen. To go a step further, the dictionary defines the aura as “light” surrounding a living body, believed to be invisible to the normal sight.

Whether it is seen or not, we have been assured that the aura does exist because it has been photographed.

II. HISTORY

In the early 1900’s, Dr. Walter Kilner of London demonstrated that by looking through a glass that had been stained with dicyanin dye (which has an alcohol base) that it was possible to see the aura around a human body.

A few years later at St. Thomas Hospital in London, Dr. Kilner demonstrated that the human aura could be made discernible to all by the use of specially treated chemical screens. This process has led to a color chart of the human aura. Since that time, many varied interpretations of the meaning of certain colors in the aura have been offered. We read in Dr. Kilner’s book “The Human Aura” that the radiations around the human body which make up the aura appear as life energies that are forever in motion. Much later, science substantiated this theory as fact.

As early as 1936, Otto Rahn seemed far advanced in this field. As stated in his obscure book “Invisible Radiation of Organisms”, human beings emit rays that are ultra-violet in color

and visible under certain conditions. Rahn also discovered that the cornea of the eye is an exceptionally strong source of such emissions. The discoveries of both Kilner and Rahn are well validated by more recent research and experimentation with the well-known Loroam photography. Use of this method has photographed energy radiations, even after the source of energy is no longer there. For example, the Russians have used this method of photography and filmed plants after a leaf has been cut from the plant and the processed film shows the radiations from the missing leaf still in the same place. Human limbs that have been severed have been photographed just as though they are still there.

This unusual method of photography was discovered by accident. In 1949, Semyon Kirlian was contacted by a group of Russian researchers for the purpose of repair work on certain electrodes, Kirlian noticed strange light flares jump off the flesh of the subject being tested by the electrodes. His interest was aroused and he wondered if such flares could be photographed. For the purpose of experiment and to satisfy his own puzzlement, Kirlian made such an attempt. The film plate was placed between the patient's skin and the electrode being used. The results were more than satisfying. The energy radiations coming off the human body did actually imprint themselves in the film.

Today, Kirlian photography is used in many phases of experiments. Basically it is done with high frequency electrical field lamps that generate from 75,000 to 200,000 electrical oscillations per second.

Using this method, the human aura has been filmed and studied. Early use of this photographic method was referred to as "the window of the unknown".

Artists have since time began pictured glowing lights or halos around the heads of their subjects. This fact poses a question: Was this phenomenon more visible in the olden days or since most of the subjects were of a saintly nature, is the spiritual characteristic evidenced by visible auras? Past and current history concerning the study of the human aura correlates one fact: energy radiations from the human bodies are not of a stationary nature. These radiations pulse and vibrate into color patterns.

III. THEORETICAL BASIS

Occultists describe the aura that has been observed by scientists as a capsule like ovule of about two or three feet in depth. The aura is more densely close to the body and becomes thinner as it recedes from the body. It has the appearance of a flame, deep and distinct around its center and shading into dimmer radiation at the edges. It appears to be stretched as if by a fine lines much like the thread like veins that can be drooping and limp in various stages of ill health. That observation becomes of particular interest as we advance in the study of the theoretical basis of the human aura.

Pictures of the electromagnetic force fields observed surrounding the body by Carillon Photography reveals the energy spurting forth from pores of the skin corresponding exactly with the initial insights of the occultists. These radiations of Bioplasmic energy appear to emanate from points located almost identically with the points where the fine lines emanate.

Curiously enough, the points are identical with the nerve points used in the ancient (and recently famous) Acupuncture System of Oriental Origin. According to Chinese medicine, these points are specific pathways connecting the vital organs of the corporeal body to the non-corporeal “bioplasmic body”, providing the source through which vital energy circulates. Is it

possible that Chinese doctors of long ago “found” these nerve points from actual observation of the aura, at a time when auric vision was more pronounced than it is today and realized the relationship between these points of the body and resultant cures the Acupuncture?

Of all the related phenomena under the title of parapsychology, the human aura is perhaps the most difficult to discern and yet, simplistically it is the most logical in theory. Since all living things give off radiation, it is quite natural to presume that such radiations would generate electrical energies of their own and thus have a definite effect upon the magnetic force field of the earth.

Today the theory is no longer just a theory, but a fact. The radiations that are given off by a living body remains after the body that has emanated them has exited the spot. Sensitive cameras can photograph the radiations left by a man after he has left the room; plants that have been taken to another spot and even parked cars when they are no longer in the area photographed. Modern infra-red detectors are able to locate underground springs. Other sophisticated cameras can detect trouble areas within the human body. All this is possible because lingering radiations given off by a body remain when the body is no longer there.

Certain intuitive humans can also sense these vibrations in another. Animals, particularly the domestic types have the ability to detect human emanations of which most of us are unaware. Animals can “sense” the emotions of human beings, such as love and fear. Children too are readily responsive to magnetic radiations.

IV. EXPERIMENTAL DATA

It has long been accepted by science and the occult alike that there is a slow direct current of electricity that moves throughout the nervous system. This pattern is affected by internal force

fields such as illness, injury and even worry. By a like process, the pattern is also affected by external electromagnetic force fields.

The control center of the nervous system operates on a power measured at thirty watts/ Electrical signals are constantly coming in via the sensory organs and are affected when physical trouble exists within the body. The human body emits rays that are measurable much the same as a radioactive body. Not only can these rays be measured, they can be seen! There are many cases on record where such rays were not only visible to the normal sight but could also be felt. It is reasonable to say then that if the Cortex (control center) gives off electro-cortical impulses are measured by the electroencephalography (EEG) that the body should also reflect these radiation patterns.

In medical experimentations, it has been observed that many rays arise from the blood streams when there is an open wound. It is noted that in such cases the electrical activity is greatly increased. Perhaps this sped up the process and is carried on in the nature of healing.

All matter is made up of tiny atoms and vibrating molecules that are held together by its own vibrating frequency. The emanating radiations of this energy generate life flowing through the aura.

Just as a beam, radiates from a flashlight which is powered by its own energy source, the battery emanated radiation from the physical body coming from its own source- the cortex or the control center. Energy, then is not invisible, it can be seen. These energies differ and have been observed in connection to the aura in varying color.

There is still speculation in the area of color in aura that it cannot be stated with any authority that a color chart that defines these colors with meanings is valid. But, it is believed

that many things affect the color of the aura. Since colors in the auras have been known to have undergone changes, state of health, emotional conditions, age and perhaps sex have effect on the color tone of an aura.

Since there's still such grave speculation in this area, we can only mention in guarded tones these recent pronouncements: Blue allegedly is characterized by loyalty, constancy and youth. White is purity and Red is supposed to denote dominance. Green is jealousy and Grey is illness, etc. You will note that this color scope appears to almost a duplicate of our own symbolic measure of colors in conjunction with mind and mood. Therefore, as stated earlier, this information must serve more as forecast to be researched, than declaration of fact.

Yet, we cannot entirely ignore color in correlation with the human aura. In recent Soviet research, Dr. V.M. Invushin describes the impact of emotions when laboratory tests were demonstrated with the use of animals. This study was made using the Kirlian method of high frequency fields with these results. Rabbits, when alarmed by some external stimuli, radiated dark, intense flares of purplish color. The same animals under normal conditions emanated soft, bluish flares.

Aside from the know radiation from the human aura, there are many other types of radiation that mingle with and come from the human body. These radiations are constantly changing and therefore, reflect the physical and emotional condition of the body. Even material and spiritual change reflects itself in the aura throughout the body and positive atoms are taken into the body creating an ever moving pattern of circulating radiation. With these negative particles (Negatrons) and positive atoms (Protons) forever present in human emanation, there appears to be a continual change of polarity.

V. EXPERIENCES IN AURIC VISION

People who are attuned toward psychic learnings can actually see another's aura. Whether this sight is of a normal visual scope, or if it is solely a psychic sight that would escape the normal eye, is problematic. Yet, there are many reputed cases on record that have been documented by people whose integrity is beyond question.

Almost everyone had heard the most famous of all such stories, experienced and related by a man who could always see the human aura. One day this man was in a large office building, waiting for an elevator. When the elevator stopped to take on a passenger, this man noticed something that to him was shocking. None of the people within the elevator cab had auras. This fact alarmed him so much that he instinctively stepped back and let the elevator close leaving him behind. The story continues or rather ends with the elevator crashing and the result was that all the occupants were killed.

How to put such a story on the level of our understanding of the human aura is difficult. All living things radiate energy that forms the aura. The people in the elevator were living beings when viewed by the man who elected to take the elevator. Therefore, it would seem that their energy forced should have been emitting such rays. Or when death is near, so very near as in this case, did emanation cease to be? This would coincide with the knowledge of time and space being one.

Another case is one of a young mother who one day noticed "a bright glowing light surrounding the body of the two year old daughter". She had never notices such a thing before nor was she familiar with the phenomenon of the human aura. By her own admission, it scared her. This strange radiation stayed with the child for the next twenty four hours. The next day it

was not visible. Then by a strange contradiction, the young mother confessed that the absence of this radiation frightened her even more for reason she was unable to explain. She said that although she had not before been aware of the radiation surrounding her child, she was very consciously aware of its absence. The following day the child became ill and was dead of bulbar polio within a few days.

What psychic education can be derived from these two stories? One common thing can be readily observed, the disappearance of the aura just prior to death, as in the case of the elevator. But what about the child whose aura was not visible to her mother until a few days before the illness? We can only assume from past studies that since the direct current of electricity moving through the nerve pathways of the body is affected by illness in the internal body that the radiation became greatly pronounced while struggling to combat the approaching illness. In the most elementary of expression life, be it plant, animal or human is a complex thing that seems to cry for better understanding, though this constant force of electrical radiation. Studies progress daily and new discoveries are forever appearing on the horizon of better understanding. It appears however, as in most studies the more we learn in the complicated study of life energies, the more we realize how much more is still to be uncovered.

VI. PRACTICAL APPLICATIONS

EXPERIMENT IN AURIC VISION

Knowing that every living thing has an aura, this must create in the curious human nature the desire to see it. Perhaps many people have already seen an aura surrounding a plant, animal or human, without really being aware that they are actually seeing an aura.

Under laboratory conditions, this has become an almost daily occurrence but, the average person has no such access to expensive equipment that readily reveals an aura to any normal sight. Therefore, the interest is there, anyone can practice the ability of auric vision in the home. As with any test where inner senses are required, an attitude of complete belief and confidence must be exercised in advance of such an attempt and subject and viewer must begin with a standard reflexing process.

Have the subject sit on a stool against a flat wall surface that does not reflect artificial light, or light coming in through a window. When subject is comfortably seated, the person attempting auric vision should stand or sit facing the subject at a distance of several feet away.

Center the visible attention on the subject, focusing directly on the forehead, just above the space between the eyebrows. Continue to gaze from your spot of focus. Within a few minutes, your constant stare will produce a steady feeling and then a gradually visible aura will appear around the subject.

The test as with other tests brings the psychic being into operation and should not be forced. Psychic powers come naturally and easily if all conscious force is omitted.

SEEING YOUR OWN AURA

Choose a mirror that reflects only a bare wall. Typically, a bathroom mirror is the best, since there is usually only a blank wall across from it.

Achieve a relaxed frame of mind and body before attempting this test of self-auric vision. Stand directly in front of the mirror and fix your gaze at the center of your forehead (try not to stare intensely; a dreamy, continuing look is best for the success of this test). By this time the

aura should be visible around the neck and shoulders. Now gradually bring your focus back to the forehead, and true auric colors should begin to project into a wider band around your form, enabling you to distinguish various other auric shades. Notice particularly the deep shades coming away from the shoulder area of your body, and also those that emanate from the very top of the head. If this is your first attempt at auric vision, note the color or the colors you see. As you attempt other experiments, your eye and mind will become better attuned and you will notice other shadings.

Pay particular attention to this: Each auric field has three layers (1) The deep inner band close to the body, (2) the middle of mist layer (3) the outer layer that fades into the invisible rays that surround everything.

When you have reached this advancement in your auric vision, you could be referred to as the one with “psychic sight”.

HOW TO BUILD AND MAINTAIN A HEALTHFUL AURA

Just as we guard our physical selves from pollution or injury, so we can create a health pattern that will improve and safeguard our aura. If that sounds strange, keep in mind that our auras are created by radiations that come from our physical bodies, and thus the effects of health or illness will be reflected in them. Actually, the same rules that apply for health safety of our bodies can be followed in regard to health, as well as beauty of the aura.

The size and beauty of the aura is determined by the physical health of the body, as stated above. Therefore, in order to build and maintain such an aura, we must make certain that our bodies are fed a proper diet consisting of nutritious foods that will assure health and vitality to

the aura. Just as sleep, rest and daily absolutions contribute to the well-being of our bodies, so these same factors sustain the radiations that come from the human body and from health aura.

Proper breathing is important to the body because it keeps the poisonous toxins out of the blood stream. A healthy blood stream contributes greatly to the health and beauty of the aura. Physical exercise in moderation and of a non-strenuous nature, such as taking long walks or swimming will supplement proper breathing.

There is one more aspect that must be considered in regard to building and maintaining of the human aura. The mind must be kept clear and clean too if you want to see a beautiful and healthy aura. Therefore, you must learn to elevate your thoughts to a spiritual level. In other words, cultivate the habit of thinking in terms of peace and good will.

VII. SUMMARY

Psychic powers are supposedly present in all of us. There are, of course, those more sensitive than others. However, one thing is certain: Psychic or not, visible or not, every living thing has an aura. There are those who easily see auras, others seldom and some not at all. The “miracle” or remarkable fact is not the aura itself, but the fact that it can be seen too.

Once a study of the principals of radiation has been made, we begin to understand its simple logic. All living matter consists of energy and all energy emits radiation. To advance a step further, with inner vision this radiation (aura) can be seen.

If film positively detects and photographs the living aura, then we know it must be there. If laboratory experiments record external and internal force fields that affect the radiations, then we begin to realize that energy passing through and from the body is a tangible, even visible thing.

Further studies tell us that radiation emanated from a living cell mass does not disappear when the body is no longer there. The energy remains as radiation when the emitter has left the scene. A limb severed from the body remains as radiation. This has long been an established fact of both scientists and mystics. Recent breakthroughs in photography have made it possible to prove these theories to those who are in doubt.

Enough information concerning the aura is now available so that we are even taught how we can maintain the health and beauty of our auras. Continued research and technical advances have expanded this most intriguing field. Yet, it is interesting to note that all these progressive discoveries in aura vision, reveal little more of the “gifted” ones have seen with the inner psychic eye.

COMPREHENSIVE CONCLUSION

1. What factors create the human aura?
2. Does living matter give off radiations?
3. Are the radiations emanated from humans affected by ill health?
4. According to the principles of auric study, what physical factors affect the human aura?
5. Has the aura of living things ever been captured on film?
6. In the Soviet tests with rabbits, what produced the varying colors in the radiations that made up the aura?
7. According to Otto Rahn's research, what part of the body is a particularly strong source of emission for radiation?
8. What part do recent photographic discoveries play in the field of auric study?
9. What is Dr. Kilner's contribution to the field of energy radiation?
10. Are different auras seen in different colors?
11. Describe the terms, Negatron and Proton.
12. Has infrared been useful in the study of auric radiation?